



## North Central London Cancer screening

Summary report: Inequality analysis before COVID-19

Camden and Islington Public Health Intelligence Team

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### Acknowledgments

#### Work plan analysis, report writing and analysis review

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## **Background**

- Participation in bowel, breast and cervical cancer screening programmes across the North Central London (NCL) areas is below the national and regional average with no or little change over time (PHE, 2021).
- Delays in screening due to COVID-19 pandemic could mean missing or delaying detection of cancer and exacerbating existing inequalities especially among certain race/ ethnicities or other population groups already at risk of low coverage.<sup>1</sup>
- Camden and Islington's Public Health Intelligence team undertook a deep dive analysis to explore
  existing disparities in screening for bowel, cervical and breast cancer looking at different segments of
  the NCL population before the pandemic. This work has been funded by NHSE/Immunisation London
  (Young person & Adult Screening team).
- The purpose of this analysis is to gain a better understanding of the inequities across certain groups that can be exacerbated by the pandemic.

<sup>&</sup>lt;sup>1</sup> Marlow et al 'Barriers to cervical cancer screening among ethnic minority women': a qualitative study. UCL, BMJ 2015 (link)





## Objectives

- To help inform NCL Cancer Prevention, Awareness & Screening Delivery Group on a strategic approach to improve cancer screening across the NCL partnerships.
- Identify opportunities for local strategies and prevention to reduce inequality in access to cancer screenings, and improve overall access to cancer screenings.
- Provide insights that will support local commissioning decisions through NCL cancer commissioning board and transformation funding opportunities to be invested in an evidence based manner.





## Methodology & coding issues

- **Time Period:** Data extracted up to March 2020. This will take into account the delays due to COVID-19
- **Source**: Camden, Islington and Haringey CSU database & Enfield and Barnet GP registries (EMIS searches)

Indicators	Definition	Availability
Bowel cancer screening 2.5 year coverage % (age 60-74)	Numerator: Number of registered population aged 60-74 screened in the last 2.5 years Denominator: Number of eligible registered people aged 60-74	Data delayed for Enfield and Barnet due to quality assurance
Breast cancer screening 3 year coverage % (age 50-70)	Numerator: Number of registered population aged 50-70 screened in the last 3 years Denominator: Number of eligible registered people aged 50-70	Not technically possible – there is no current EMIS coding recorded at GP practice level
Cervical cancer screening 3.5 year coverage % (age 25-49)	Numerator: Number of registered female population aged 25-49 screened in last 3.5 years Denominator: Number of eligible women aged 25-49 registered at GP practice	Data delayed for Enfield and Barnet due to quality assurance
Cervical cancer screening 5.5 year coverage % (age 50-64)	Numerator: Number of registered female population aged 50-64 screened in last 5.5 years Denominator: Number of eligible women aged 50-64 registered at GP practice	Data delayed for Enfield and Barnet due to quality assurance





## What is included in the analysis?

 The analysis looks at differences in cancer screening for cervical and bowel across population groups defined by socio-demographic characteristics, health status, modifiable life style risk factors and geographical location as following:

Demographics	• sex, age, ethnicity, language, religion and deprivation	
Risk factors	• smoking, BMI	
Health status	with learning disability or mental health conditions	
GP practice	variation across GP practices	
Wards	• variation across Wards areas	

- Analysis for Enfield and Barnet will be added when data available
- Full analysis can be viewed in the Appendix





## Key findings: Cervical screening

Areas of concern	Camden	Islington	Haringey
Overview	In March 2020 before the pandemic, the cervical screening coverage among young women (25-49) was <b>55%</b> while it was higher (67%) among older women (50-64)	In Islington, the cervical screening coverage was <b>59%</b> among young women (25-49) and 68% among older women aged (50-64)	Haringey had a higher cervical screening coverage <b>(61%)</b> among young women (25-49) compared to Camden and 67% among older women aged (50-64)
Age	Younger women <b>under 30s</b> are less likely to have a screening <b>(45%)</b> than older women aged 50-54 years old (76%)	About half of women <b>under 30s</b> had their cervical screening <b>(52%)</b> while more than three quarters (77%) of older women (50-54 years) had it	Only half of women <b>under 30s</b> had their cervical screening <b>(50%)</b> while more than three quarters (77%) of older women (50-54 years) had it
Disability	Young women (25-49) with a learning difficulty had a significantly lower screening coverage (31%) compared to the Camden average (55%)	Only 40% of young women with a learning difficulty had their screening compared to the Islington average (59%)	<b>Less than a third (27%)</b> of young women <b>with a learning difficulty</b> had their screening compared to the Haringey average (61%)
Ethnicity	Chinese, Indian, Other Asian and Pakistani (36% - 49%) and among Other White (53%) and those without a recorded ethnicity (41%) are less likely to have a screening than White British (73%) Irish (62%), Bangladeshi (66%) and White and Black Caribbean(65%)  Mandarin, Somali and young European women speaking German, Spanish or French (32%- 48%) with low coverage	Similarly to Camden, Chinese, Indian, Other Asian, Pakistani (44%-52%) and Other White (56%) and those without a recorded ethnicity (44%) had a lower coverage compared to White British and White and Black Caribbean women (74% and 72% respectively).  Young Somali women (53%) and young European women speaking German, Italian and French (50%-55%) with low coverage.	Other White (57%) and people without a recorded ethnicity (37%) had lower coverage than White British and White and Black Caribbean (78% and 72% respectively).  Young European women speaking Italian, Romanian, Spanish, Polish, French and Bulgarian (50%-57%) have a lower coverage compared to the Haringey average (61%)
Geographic variation	A lower coverage is found in <b>King's Cross, Holborn</b> and <b>Covent Garden</b> and <b>Bloomsbury</b> 7 out of 30 GP practices with a significantly lower cervical coverage	Holloway, St Mary's, Bunhill, Finsbury Park, Barnsbury and Caledonian have a lower coverage 12 out of 32 GP practices with a significantly lower cervical coverage	Woodside, Noel Park, Seven Sisters, Harringay, St Anns's, Bounds Green and West Green with lower coverage.  18 out of 40 GP practices in Haringey with low coverage





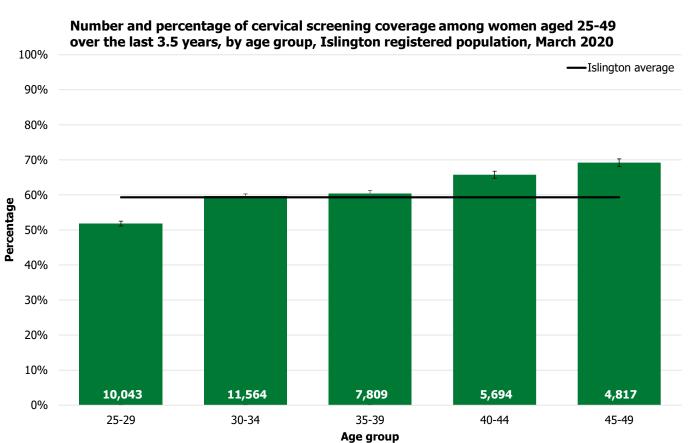
## Examples of analysis: Islington







### Cervical screening coverage is lowest among young women (25-29)



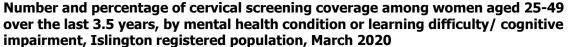
- In Islington, the cervical screening coverage was 59% among young women (25-49) as for March 2020 before the pandemic.
- Cervical cancer screening increases with age with lower cervical screening coverage among younger women under 30s compared to older women aged 45-49 years old (52% vs 69%).

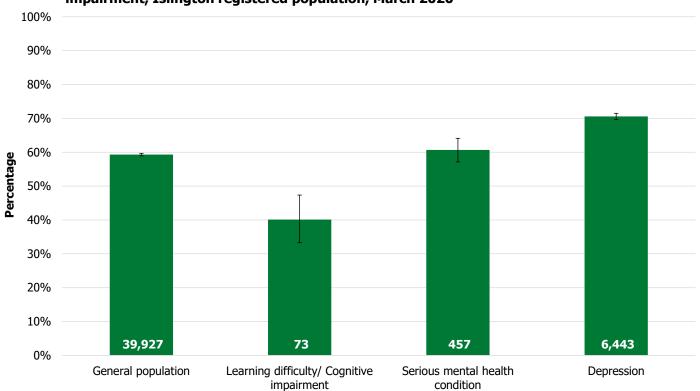


Source: CSU dataset (March 2020)



# Women with a learning disability had a lower cervical screening coverage than the general population





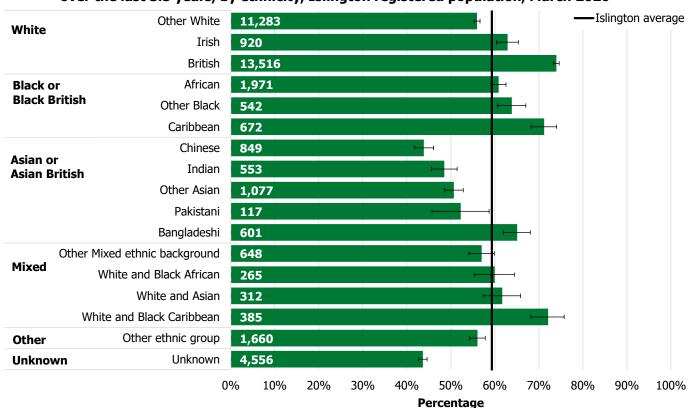
In Islington, women with a record of learning difficulty/
cognitive impairment are less likely to have a cervical screening than the Islington female population without a mental health condition or learning difficulty (40% vs 59%).





## Cervical screening coverage is lowest in the Asian and Other White ethnic groups

Number and percentage of cervical screening coverage among women aged 25-49 over the last 3.5 years, by ethnicity, Islington registered population, March 2020



■ Chinese (44%), Indian (49%), Other Asian (51%), Pakistani (52%), Other White and Other ethnic groups have a significantly lower percentage (56% respectively) including those people without a recorded ethnicity (44%) compared to Islington, White British (74%), White and Black Caribbean (72%), Caribbean (71%) and Bangladeshi (65%).

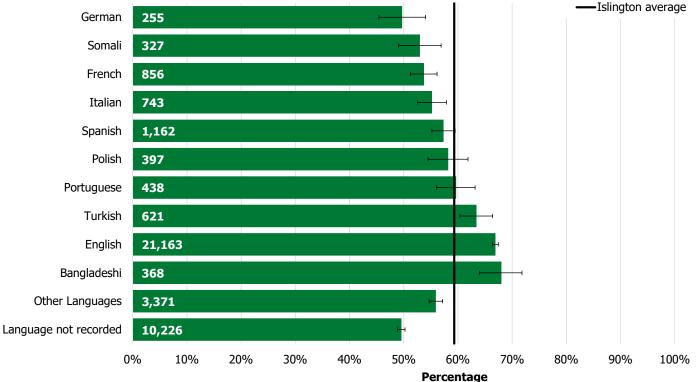






# Women speaking in Somali or European languages as their first language have lower screening coverage

Number and percentage of cervical screening coverage among women aged 25-49 over the last 3.5 years, by language spoken (top 10), Islington registered population, March 2020



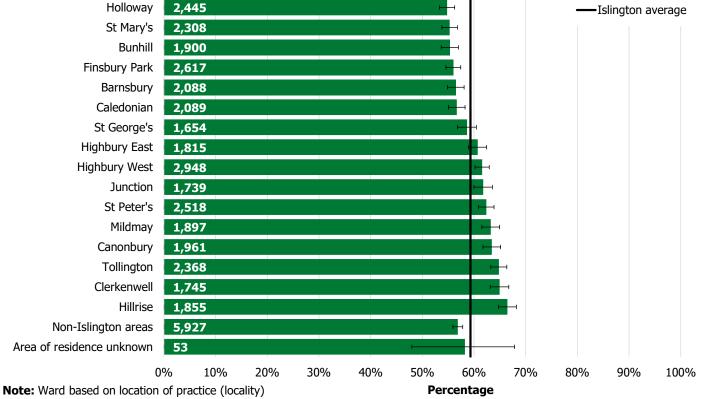
- In line with the ethnicity analysis, women in whom English is the first language, and those speaking Bangladeshi have higher coverage than average (67%, 68% vs 59%).
- Among the Other White ethnic groups, younger women aged 25-49 speaking **German** (50%), **French** (54%) and **Italian** (57%) have a lower screening compared to the Islington average (59%).
- Young women speaking Somali (53%) have also a lower coverage when compared to the Borough average (59%).
- These findings should be interpreted with caution as language is poorly recorded.





### Six out of sixteen wards have a lower screening coverage among young women (25-49) compared to the Islington average

Number and percentage of cervical screening coverage among women aged 25-49 over the last 3.5 years, by wards, Islington registered population, March 2020



Holloway St Mary's Bunhill

wards were:

There were **6 out of 16 wards** in

Islington had a significantly lower

55% and 57%) compared to the

Islington average (59%). These

cervical screening coverage (between

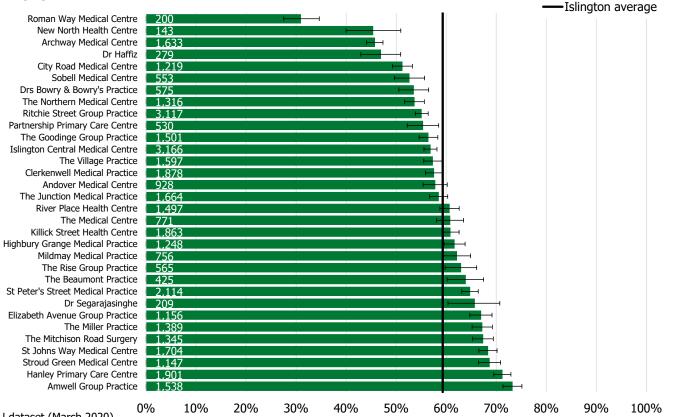
- Finsbury Park
- Barnsbury
- Caledonian





# 12 out of 32 GP practices have a lower cervical screening coverage compared to the Islington average

Number and percentage of cervical screening coverage among women aged 25-49 over the last 3.5 years, by GP practice, Islington registered population, March 2020



- The cervical screening across
   Islington GP practices ranges from 31% in Roman Way medical
   Centre to 73% in Anwell Group practice.
- There are **12 out of 32 GP practices** in Islington with a significantly lower cervical coverage than the Islington average.



### in health and care

## Key findings: Bowel screening



Areas of concern	Camden	Islington	Haringey
Gender	The overall bowel screening among older people (60-74) years was 48%. <b>Men have significantly lower coverage (46%)</b> than women (50%)	Similar to Camden, men have a significantly lower coverage (45%) when compared to the Borough average (47%) and women (49%)	A similar lower bowel screening coverage <b>(44%)</b> is found among older men (60-74) in Haringey when compared to women (50%) and the Borough average (47%)
Disability/ Mental Health	Older people with a <b>learning difficulty (30%)</b> or a <b>severe mental illness (38%) with lower coverage</b> compared to the general population (48%)	Older people with a <b>learning difficulty (26%)</b> , <b>severe mental illness (35%)</b> or <b>depression</b> ( <b>46%)</b> with lower coverage than the average (47%)	Only one in five people with a <b>learning difficulty</b> (19%) and about a third with <b>severe mental</b> illness (35%) had their bowel screening
Ethnicity	Pakistani, Bangladeshi, Indian, African (35%-40%) and Other White (45%) have significantly lower percentage including those people without a recorded ethnicity (35%) compared to the average (48%). About one fifth of people speaking Somali had their bowel screening coverage (23%)	African, Other Black, White & Black African and Bangladeshi ethnic groups (around 40%) and those without a recorded ethnicity (34%) have a lower coverage than the Islington average (47%) Only one in five people speaking Somali had their screening (19%)	Pakistani (37%), Bangladeshi, (40%) and African (43%), have significantly lower percentage including those people without a recorded ethnicity (27%) compared to the average (47%) Polish (34%) and Bulgarian (36%) speakers with lower coverage than average (47%)
Modifiable Health Life Style	<b>Smokers</b> have the lowest coverage (37%) than non-smokers or ex-smoker (52% respectively). Older people who are <b>underweight</b> (41%) or <b>obese</b> (46%) had a lower coverage than older people with an healthy weight (53%)	<b>Smokers</b> are less likely to have a bowel screening (35%) than non-smokers (51%) or ex-smoker (53%).People who are <b>underweight</b> (41%) had a lower coverage than those with an healthy weight (51%)	People <b>who are currently smoking</b> are less likely to have a bowel screening (35%) than those who are ex smokers (54%) or non- smokers (52%)
Deprivation	In Camden, no significant difference was found between residents living in the most affluent areas and those in the most deprived areas.	Older residents (60-74s) living in the <b>most deprived areas</b> are less likely to have their screening <b>(43%)</b> than those living in the most affluent areas (54%)	Men and women from <b>most affluent areas are more likely to have a bowel screening</b> than those from the most deprived areas (57% vs 40%).
Geographic variation	Haverstock and Holborn & Covent Garden with low coverage (44% respectively) 7 out of 30 GP practices with a significantly lower cervical coverage than the Camden average	Most deprived wards Holloway, Caledonian and Finsbury Park with low coverage (43%-44%).  9 out of 32 GP practices in Islington with significantly lower coverage than the Borough	Tottenham Hale, White Hart Lane, Seven Sisters, St Ann's, Bruce Grove, Northumberland Park and Tottenham Green with low coverage (38%-42%).  14 out of 40 GP practices in Haringey with a significantly lower coverage than the average (47%)





## Key findings: Bowel screening

Areas of concern	Enfield	Barnet
Overview	The overall bowel screening coverage among older people (60-74) years was 57%.	Waiting for data
Disability/ Severe Mental Health	Older people with a <b>learning difficulty (64%)</b> or a <b>severe mental illness (56%) had lower coverage</b> compared to people diagnosed with depression (93%).	Waiting for data
Geographic variation	<b>Southgate Surgery</b> and <b>Winchmore Hill Practice</b> with a lower coverage (34% and 53% respectively) than the Enfield average (57%).	Waiting for data





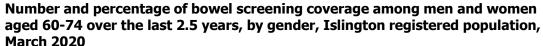
## Examples of analysis: Islington

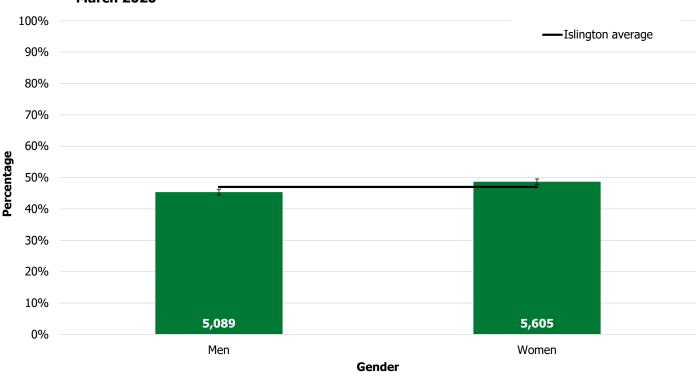






# Men have a significantly lower bowel screening coverage than women





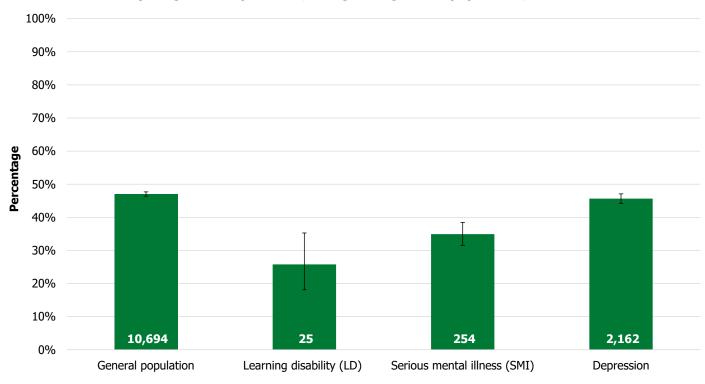
- In Islington, the overall bowel screening coverage was of 47% as for March 2020 before the pandemic.
- Men are less likely to have a bowel screening (45% coverage) than women (49% coverage).





# Older people with learning difficulty or mental health conditions have lower bowel screening coverage

Number and percentage of bowel screening coverage among men and women aged 60-74 over the last 2.5 years, by mental health condition or learning difficulty/ cognitive impairment, Islington registered population, March 2020



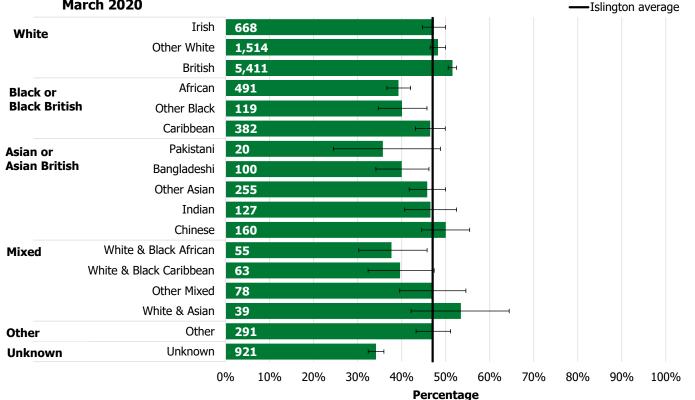
- In Islington, the overall bowel screening coverage was 47%.
- Men and women with a recorded learning difficulty/ cognitive impairment, a serious mental illness or depression (26%, 35% and 46% respectively) have a significantly lower coverage than the Islington general population (47%).





# African, Other Black and Bangladeshi ethnic groups and those without a recorded ethnicity have lower bowel screening coverage

Number and percentage of bowel screening coverage among men and women aged 60-74 over the last 2.5 years, by ethnicity, Islington registered population, March 2020



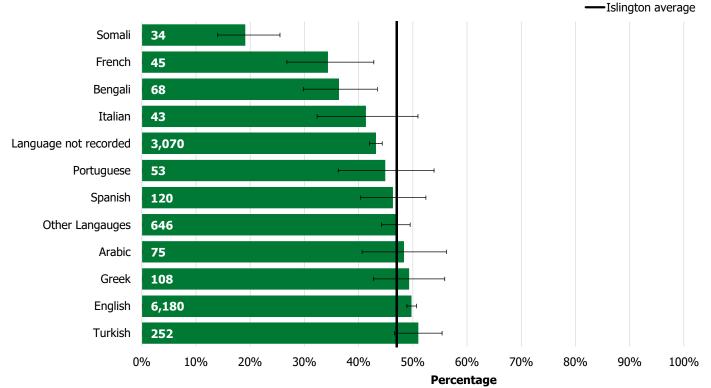
- In Islington, White British are the only ethnic groups (52%) with a significantly higher bowel screening coverage than the Islington average (47%).
- African, Other Black and White & Black African and Bangladeshi ethnic groups (around 40%) and those without a recorded ethnicity (33%) have a significantly lower bowel screening coverage than the Islington average (47%)





## Somali (60-74s) people in Islington have the lowest bowel screening coverage

Number and percentage of bowel screening coverage among men and women aged 60-74 over the last 2.5 years, by language spoken (top 10), Islington registered population, March 2020



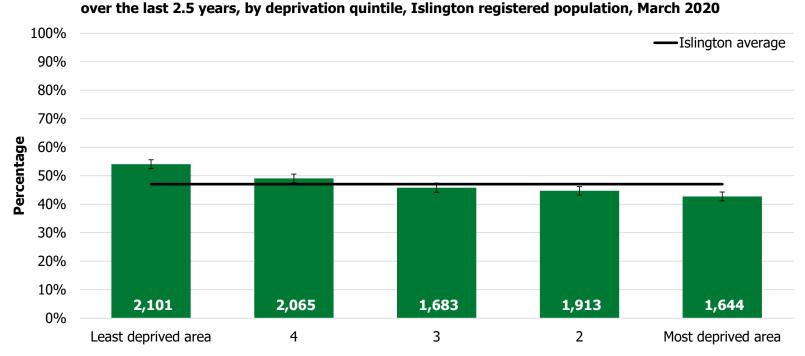
- People speaking **Somali** have significantly lowest bowel screening coverage (19%) than any other language speakers (range between 34% and 51%).
- French (34%), Bengali (36%) have a significantly lower bowel screening coverage compared to the Islington average (47%).
- These findings should be interpreted with caution as language is poorly recorded.





### Bowel screening coverage is lower in more deprived areas

### Number and percentage of bowel screening coverage among men and women aged 60-74



- There is a socio-economic gradient in the screening coverage for bowel cancer.
- older residents (60-74s) living in the **most deprived areas** of the Borough are less likely to have their bowel screening (43%) than those living in the most affluent areas (54%).

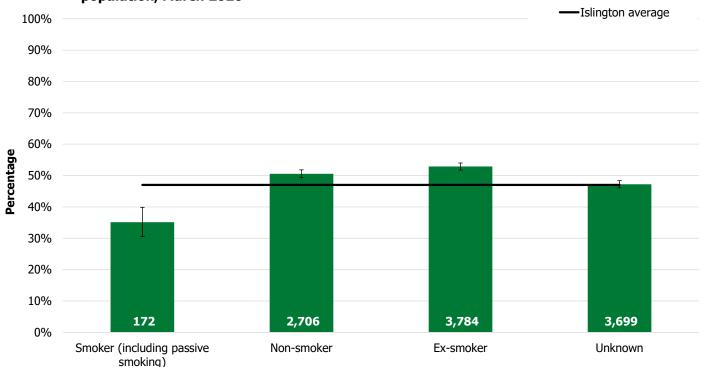
**Sourc**e: Commissioning Support Units (CSU) dataset as for 31st March 2020





### Smokers have a lower bowel screening coverage than non-smokers

## Number and percentage of bowel screening coverage among men and women aged 60-74 over the last 2.5 years, by smoking status, Islington registered population, March 2020



**Note:** No smoking status recorded has been excluded from this analysis

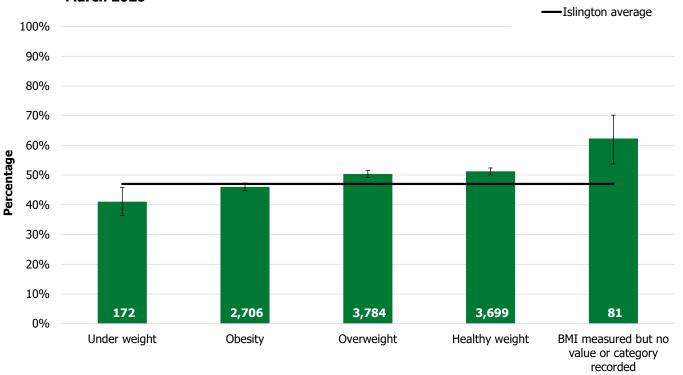
- Older people (60-74s) who are currently **smoking** are less likely to have a bowel screening (35%) than nonsmokers (51%) or ex-smokers (53%).
- The lower coverage among smokers may in part relate to socioeconomic status and deprivation.





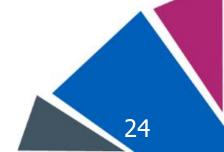
# Older people who are underweight have lower bowel screening coverage

Number and percentage of bowel screening coverage among men and women aged 60-74 over the last 2.5 years, by BMI group, Islington registered population, March 2020



 Older people who are under weight have a significantly lower coverage (41%) compared to older people with any other BMI status (46% - 62%).

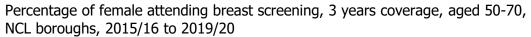
**Note:** Unfeasible values and no BMI measurement category have been excluded from this analysis.

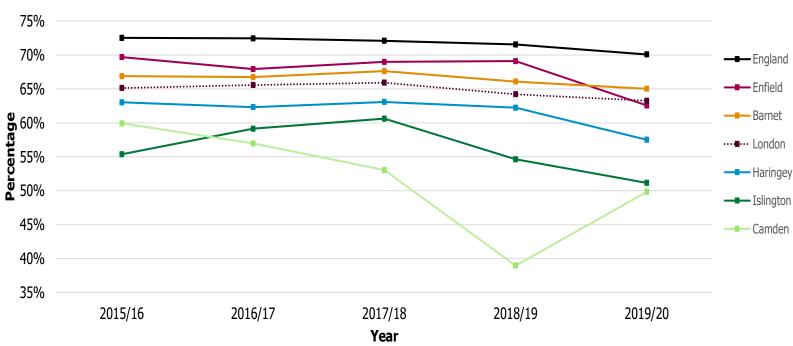






## Key findings: breast screening





According to the latest available PHE data (2019/20), All North Central London (NCL) areas have their breast screening coverage lower than England.

 Enfield and Barnet are the only NCL areas to have their coverage higher or similar to London while Camden, Islington and Haringey have a lower coverage.

**Note:** Breast screening data are available from Public Health England (PHE) at national and local authority level only.

**Source**: PHE fingertips, 2021





## Recommendations for improving cancer screening

#### Improving screening coding & data collection

- The recording of screening for bowel and breast cancers varies by GP practices or it is not recorded. These programmes are not aligned to nationally disseminated business rule (e.g. QOF) as for the cervical cancer screening which has more formalised approach of coding.
- Working to set a new process of coding for all cancer screening data and access to an integrated primary care database across all NCL GP practices. This would enable an up-to-date evidence and improve collaborative analysis to inform local strategies and health priorities to improve health across the NCL areas.
- For example, it would be good to think about how this cancer screening analysis can be translated into a dashboard(s) within HealtheIntent to ensure continued focus on improving coverage and reduction in equity gaps.

#### **Socio-economic factors**

- There is a correlation with deprivation for bowel cancer screening All three Boroughs (Camden, Islington and Haringey) are also showing a lower coverage among people having a mental health condition (both depression or severe mental health) or among those who are obese or smokers. This indicates an association with socioeconomic status.
- The inequalities gap across the three NCL Boroughs indicate the need to 'level up' in all areas and to also take action on the wider determinants of health, alongside preventative measures and equitable treatment.





## Recommendations for improving cancer screening

### **Population groups with higher needs**

- **Gender:** Men are less likely to have a bowel screening (less than 46% coverage) than women (about 50% coverage)
- **Ethnic minority communities:** Young Chinese, Indian, Pakistani, Other Asian and Other White (mainly Europeans) women aged 25-49 years old are less likely to have a cervical screening. Older Bangladeshi, Indian, Pakistani African (mainly Somali) and Other Black aged 60-70 years old are less likely to have a bowel screening These ethnic groups also have a higher prevalence of preventable mortality (North London Partners in Health and Care: March 2021)
- **Young people & learning disability:** Overall, the younger women under 30s are less likely to have a cervical screening (45%-50% coverage). Also a consistent lower cervical and bowel cancer screening is found among people with a learning disability (ranging between 23% and 40%).
- NCL areas should continue to address inequalities in cancer screening and make sure there is informed personal choice and equitable access for all. Recent evidence (Marlow, 2015)¹ recognised that some barriers to access screening were predominantly emotional (fear, embarrassment, shame) or related to low perceived risk, language or lack of adequate access for women with physical disability (<u>Jo's cervical cancer trust 2021</u>).
- Disparities by racial, age and disability and the intersectionality with deprivation and mental health need to be further
  investigated to better understand whether there are issues with services being culturally competent or
  if there is a lack of adequate information of access for these specific communities.

<sup>&</sup>lt;sup>1</sup> Marlow et al 'Barriers to cervical cancer screening among ethnic minority women': a qualitative study. UCL, BMJ 2015 (link)





### Recommendations for improving cancer screening

### Improving recording of ethnicity

- Generally, ethnicity is recorded in GP practices. This varies by Boroughs, with the highest non-recording ethnicity in women with a cervical screening in Islington (44%) compared to the female counterpart in Camden (41%) and Haringey (37%)
- Working to improve recording of ethnicity would allow more accurate risk stratification of the population, and could improve the identification of high risk people who did not receive the screening across ethnic groups.
- HealtheIntent is already working on improving completeness of ethnicity across the NCL system. Also. GPs are mandate to complete ethnicity from January 2021 where patients are happy to share it.

#### **Geographical variation**

- There is variation across GP practices and wards in Camden, Islington and Haringey. This varies by Borough, with Haringey having the highest number of GP practices (18 out of 40) with a significantly lower cervical screening coverage than the Borough average compared to Camden (12 out of 30) and Islington (7 out of 32).
- We should look beyond average uptake levels for the borough, to increase uptake of screening in low uptake areas or practices. For example this might highlight under-use of some interventions in low-uptake areas, or indicate examples of good practice that can be shared across GP practices.





### What next?

- Additional analysis for Enfield and Barnet when data available.
- Share our findings to various relevant strategic groups (for example, NCL Prevention, Awareness & Screening Delivery Group, NCL long terms conditions, inequalities groups, HealtheIntent etc.) to help planning and supporting interventions to ensure continued focus on improving coverage and reduction in equity gaps.
- Include qualitative work and examples of personal experiences focusing on barriers to access screening.
- Liaise with current NCL Comms Campaign (<a href="https://www.smallc.org.uk">https://www.smallc.org.uk</a>) and future community projects to encourage a more borough-led and targeted approach to help address low uptake across groups and communities.





## Contact details

#### **About Public Health Intelligence**

Public health intelligence is a specialist area of public health. Trained analysts use a variety of statistical and epidemiological methods to collate, analyse and interpret data to provide an evidence-base and inform decision-making at all levels. Camden and Islington's Public Health Intelligence team undertake epidemiological analysis on a wide range of data sources.

#### **About NCL cancer screening inequality analysis**

This report was prepared by Ester Romeri (Public Health Intelligence and Information Analyst), Anjil Thapaliya (Public Health Intelligence and Information Officer) and Cintia Liberatoscioli (Public Health Intelligence and Information Officer) and reviewed and approved for publication by Wikum Jayatunga (Assistant Director, Camden and Islington Public Health).

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We would also very much welcome your comments on this report, so please contact us with your ideas.

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